

CEA-HOW Los Angeles Intergroup Minutes

DATE: September 13, 2026 11:30 AM

ZOOM Meeting ID: 820 6874 5820

Passcode: recovery

SERENITY PRAYER

Call to Order: Chair: Tom J Vice Chair: Terrill R

II. Attendance: Diane S, Diane S (WSO), Janet, Mary Eileen, Mia, Ragine, Terry M, Zac, Zelda, Laura W, Jennifer W, Jason C, Shirle, Peter C, Gabrielle

III. Secretary's Report — Janet temp secretary. Motion to approve August LAIG meeting minutes, seconded and approved. Secretary position (90 day abstinence) open and we also need a fill in for October 11 meeting

IV. Chair's Report — Tom J—Many people are not receiving our LAIG emails. Will look into another way to send out. These are always accessible on our LAHOW.org website. WSO Intergroup Forum on October 4, 2026, Sunday 11:00am pst on zoom, many topics, all invited.

V. Treasurer's Report — Terry M went over contributions and expenses for August in the spreadsheet. Contributions totaled \$3352 from 14 of 21 meetings. Expenses were for 30% WSO contributions, and Area 1 20% contributions plus \$1000 one-time WSO contribution totaling \$2676, leaving net income of \$676.00. Ending balance of \$6360.89. Please tell your treasurers to put their meeting name and number in the notes when they make their Zelle contribution.

WSO Business Meeting came out with a directive to all Intergroups to distribute it's excess funds as such: 60% to WSO and 40% to the Area appropriate, so as not to have an abundance of excess funds

VI. Committee Reports

A. Scholarship Committee: Else and Wendy not present. The motion made to buy 10 scholarships for 2027 Convention since we are now a bigger Intergroup. Discussion. Voted in favor. Passed. Terry to look into buying these with the 8/31/26 discount.

B. Literature: Mary Eileen has been given all unsold literature SFVIG gratefully. Please tell your literature people at your meetings to download the new form on our website for correct prices.

C. Public Information/Outreach- Mia received information packet from Mary Eileen and shared it with health professionals. Copies can be made. Will look into Health Fair on 10/3/26 at local community hospital to have a table

D. Webmaster: Zac—all LAIG reports both current and past are on our website.

E. Special Events - Sue (not present) is looking for a co chair to help plan events

VII. Area 1 UPDATE—Shirle -Important meeting a 2 pm today. Looking for a treasurer. Also in need of delegates for our Intergroup for the yearly WSO Business meeting at the Convention, beginning in October. Requirements can be found in our Service Manual. If interested, call Shirlee 323.861.7347 for more information

WSO Update—Diane S (WSO): Encourage fellows at your meetings to come to the July 2027 convention and how enriching to program it can be. Starting October, 2026, WSO will accept the payment plan for the Convention cost.

Old Business: no old business

New Business: Motion was made by Terry to send \$2,000 to WSO, seconded and approved.

Meeting closed with Serenity Prayer

Next meeting Sunday October 11, 2026 11:30 am PST

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